

MPCTC APPROVED COURSE # 1 - DAY FIRE INSTRUCTOR CALL SHEET

Total Rounds: 50

Required equipment: Pistol, 2 magazines, duty rig/holster

Pistols: Fill 2 magazines – 10 rounds each

3 Yards – 10 Rounds – One Hand Strong and One Hand Weak

(When shooting one hand, non-shooting hand should be in a fist under chin to protect throat)

On Command – Routine Load 10 rounds and **holster**

On Command – Draw and fire 5 rounds, strong hand only in 10 seconds then safely transfer weapon to weak hand and cover the target

On Command – Fire 5 rounds, weak hand only in 10 seconds, **DRY RELOAD** then safely transfer the weapon back into the strong hand and **holster**

5 Yards – 10 Rounds – Point Shoulder - Two Hand Strong and Two Hand Weak

On Command – Draw and fire 5 rounds, two hand strong in 15 seconds then cover target, scan and **holster**

On Command – Draw and safely transfer weapon to weak hand and cover target, two hand weak
(**CHECK THUMBS!!**)

On Command – Fire 5 rounds, two hand weak in 15 seconds, safely transfer weapon back to the strong hand then clear, inspect and **holster** a safe and empty weapon

Pistols: Fill 2 magazines – 5 rounds each

7 Yards – 10 Rounds – Point Shoulder - Two Hand Strong

On Command – Routine Load 5 rounds and **holster**

On Command – Draw and fire 5 rounds, two hand strong, **DRY RELOAD**, fire 5 additional rounds, two hand strong in 38 seconds then clear, inspect and **holster** a safe and empty weapon

Pistols: Fill 2 magazines – 5 rounds

15 Yards – 10 Rounds – Kneeling and Standing Strong Hand Barricade

(Strong side start means students begin 2 steps back and on strong/weapon side of barricade so they must seek cover before drawing and firing)

On Command – Routine Load 5 rounds and **holster**

On Command – Assume a strong side start position

On Command – Seek cover in a kneeling strong hand barricade position, draw and fire 5 rounds, **DRY RELOAD**, assume a standing strong hand barricade position, fire 5 additional rounds in 53 seconds, then clear, inspect and **holster** a safe and empty weapon

Pistols: Fill 2 magazines – 5 rounds

25 Yards – 10 Rounds – Kneeling and Standing Strong Hand Barricade

On Command – Routine Load 5 rounds and **holster**

On Command – Assume a strong side start position

On Command – Seek cover in a kneeling strong hand barricade position, draw and fire 5 rounds, **RELOAD**, assume a standing strong hand barricade position, fire 5 additional rounds in 58 seconds, then **CLEAR, INSPECT, PRESENT WEAPON FOR INSPECTION BY AN INSTRUCTOR BEFORE HOLSTERING**

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