

# MPCTC APPROVED COURSE # 5 - DAY FIRE

## INSTRUCTOR CALL SHEET

Total Rounds: 50

Required equipment: Pistol, 2 magazines, duty rig/holster

**Pistols: Fill 2 magazines – 5 rounds each**

### **3 Yard – 5 Rounds – Point Shoulder - One Hand Strong**

(When shooting one hand, non-shooting hand should be in a fist under chin to protect throat)

On Command – Routine Load 5 rounds and **holster**

On Command – Draw and fire 2 rounds, strong hand only in 4 seconds then cover target, scan and **holster**

On Command – Draw and fire 3 rounds, strong hand only in 6 seconds, then perform a **DRY RELOAD**, then cover target, scan and **holster**

### **3 Yard – 5 Rounds – Point Shoulder - One Hand Strong**

On Command – Draw and fire 2 rounds, strong hand only in 4 seconds, then cover target, scan and **holster**

On Command – Draw and fire 3 rounds, strong hand only in 6 seconds, then clear, inspect and **holster** a safe and empty weapon

**Pistols: Fill 1 magazine – 5 rounds**

### **3 Yard – 5 Rounds – Point Shoulder - One Hand Weak**

On Command – Routine Load 5 rounds

On Command – Draw and safely transfer weapon to weak hand and cover target weak hand only

On Command – Fire 2 rounds in 4 seconds, cover target and scan

On Command – Fire 3 rounds in 6 seconds, cover target and scan, then safely transfer the weapon back to the strong hand, then clear, inspect and **holster** a safe and empty weapon

**Pistols: Fill 2 magazines – 5 rounds each**

### **5 Yard – 10 Rounds – Point Shoulder – Two Hand Strong and Two Hand Weak**

On Command – Routine Load 5 rounds and **holster**

On Command – Draw and fire 2 rounds in 4 seconds, cover target and scan

On Command – Fire 3 rounds in 4 seconds, perform a **DRY RELOAD**, then safely transfer the weapon into your weak hand, cover target and scan (**CHECK THUMBS!!**)

On Command – Fire 2 rounds in 4 seconds, two hand weak, cover target and scan

On Command – Fire 3 rounds in 4 seconds, cover target and scan, then safely transfer the weapon back to the strong hand, then clear, inspect and **holster** a safe and empty weapon

**Pistols: Fill 2 magazines – 5 rounds each**

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## 7 Yard – 5 Rounds – Point Shoulder - Two Hand Strong

On Command – Routine Load 5 rounds and holster

On Command – Draw and fire 2 rounds in 4 seconds, two hand strong then cover target and scan

On Command – Fire 3 rounds in 4 seconds, two hand strong then perform a **DRY RELOAD**, then safely transfer the weapon to weak hand and cover the target two hand weak (**CHECK THUMBS!!**)

## 7 Yard – 5 Rounds – Point Shoulder - Two Hand Weak

On Command – Fire 2 rounds in 4 seconds, two hand weak, cover target and scan

On Command – Fire 3 rounds in 4 seconds, two hand weak, cover target and scan, then safely transfer the weapon back to the strong hand, then clear, inspect, and **holster** a safe and empty weapon

**Pistols: Fill 2 magazines – 5 rounds each**

## 15 Yard – 10 Rounds – Kneeling and Standing Strong Hand Barricade

(Strong side start means students begin 2 steps back and on strong/weapon side of barricade so they must seek cover before drawing and firing)

On Command – Routine Load 5 rounds and holster

On Command – Assume a strong side start position

On Command – Seek cover in a kneeling strong hand barricade position, draw, cover target and scan

On Command – Fire 2 rounds in 6 seconds, cover target and scan

On Command – Fire 3 rounds in 6 seconds, perform a **DRY RELOAD**, cover target and scan, then **HOLSTER** (Stand up after holstering)

On Command – Assume a strong side start position

On Command – Seek cover in a standing strong hand barricade position, draw, cover target and scan

On Command – Fire 2 rounds in 6 seconds, cover target and scan

On Command – Fire 3 rounds in 6 seconds, cover target and scan, then clear, inspect and **holster** a safe and empty weapon

**Pistols: Fill 1 magazine – 5 rounds**

## 25 Yard – 5 Rounds – Standing Strong Hand Barricade

On Command – Routine Load 5 rounds and holster

On Command – Assume a strong side start position

On Command – Seek cover in a standing strong hand barricade position, draw, cover target and scan

On Command – Fire 2 rounds in 8 seconds, cover target and scan

On Command – Fire 3 rounds in 8 seconds, then **CLEAR, INSPECT, PRESENT WEAPON FOR INSPECTION BY AN INSTRUCTOR BEFORE HOLSTERING**

Revised: 3/14/2022