

Course ID	P46737	Stress Mgmt The Attitude Day Spa		
Program	Police		Status	Active
Subject	Inservice		Credit Hours	6.00
Instructor			Pass Score	0.00
Provider	MD Police & Corr. Training Commissions		Approved	7-13-2022
Location			Period From	5-01-2023
Course Type			Period To	5-01-2026
Training Type			File Number	
Attribute				
Attribute				
Attribute				
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Persons who complete this course will be awarded the following certification.

Certificate
Status
For Period

Course Description

This course is designed to help the Maryland Department of Public Safety and Correctional Service community supervision staff understand stress in one's lives. Topics to be covered include stress management and techniques to manage stress.

Class Sessions

Course ID	C18386	Stress Mgmt The Attitude Day Spa		
Program	Corrections		Status	Active
Subject	Inservice		Credit Hours	6.00
Instructor			Pass Score	0.00
Provider	MD Police & Corr. Training Commissions		Approved	7-13-2022
Location			Period From	5-01-2023
Course Type			Period To	5-01-2026
Training Type			File Number	
Attribute				
Attribute				
Attribute				
Attribute				
Attribute				
Attribute				

Persons who complete this course will be awarded the following certification.

Certificate
Status
For Period

Course Description

This course is designed to help the Maryland Department of Public Safety and Correctional Service community supervision staff understand stress in one's lives. Topics to be covered include stress management and techniques to manage stress.

Class Sessions