

P40692 **Diet and Nutrition**

Program: Police
Subject: Inservice

Status: Active **Hours:** 6.00
Passing Score: 0.00

Instructor:
Provider: MD Police & Corr. Training Commissions
Location:

Crs Type:
Trn Type:

Date Approved: 8-23-2018
Approved Period: 10-26-2018 To 10-26-2021

File Number:

Description:

This course is designed to enable the student to learn current concepts of practical and applied nutrition. Topics include food choices and health, nutrition tools, energy balance an healthy body weight, metabolism, carbohydrates, lipids, proteins, vitamins, minerals, wather, nutrients, physical activity and the body's responses, nutrition and disease, food safety and life cycle nutrition.

Class Sessions

C15897 **Diet and Nutrition**

Program: Corrections
Subject: Inservice

Status: Active **Hours:** 6.00
Passing Score: 0.00

Instructor:
Provider: MD Police & Corr. Training Commissions
Location:

Crs Type:
Trn Type:

Date Approved: 8-23-2018
Approved Period: 10-26-2018 To 10-26-2021

File Number:

Description:

This course is designed to enable the student to learn current concepts of practical and applied nutrition. Topics include food choices and health, nutrition tools, energy balance an healthy body weight, metabolism, carbohydrates, lipids, proteins, vitamins, minerals, wather, nutrients, physical activity and the body's responses, nutrition and disease, food safety and life cycle nutrition.

Class Sessions